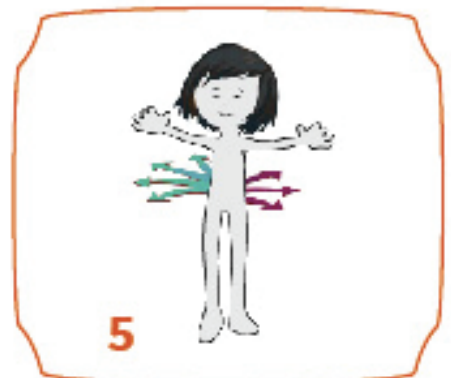




# PEACE ACTIVITY

## Salute to the Earth

In the morning before your classes start, do this salute to the Earth.



• Say out loud:

- 1 In the morning (with your hand on your heart)
- 2 As the sun comes up
- 3 After the time of dreaming
- 4 As the day begins
- 5 With all its possibilities
- 6 I greet from my heart

- 6 I greet from my heart (with your hand on your heart)
- 7 All beings in the circle of life
- 8 And the whole universe
- 9 And stand here (stamp gently with both feet) which is my place on this earth.